



Christian Medical College Vellore

Newsline

September 15, 2025



The Lord will watch over your coming and going both now and forevermore. Psalm 121:8

CMC Vellore Ranked Third in NIRF Rankings 2025



It is with gratitude in our hearts that we report that Christian Medical College Vellore has been ranked third in the NIRF rankings for 2025. The National Institutional Ranking Framework (NIRF) has been instituted by the Ministry of Education, Government of India. The 2025 rankings were released by the Hon'ble Union Minister of Education, Shri Dharmendra Pradhan, on 4th September, 2025, in New Delhi. The Principal, Dr. Solomon Sathishkumar, received the Award from the Hon'ble Union Minister.

The NIRF has five parameters: Teaching, Learning and Resources, Research and Professional Practice, Graduation Outcomes, Outreach and Inclusivity, and Perception. For the 2025 Rankings, CMC was ranked first on the parameter of Teaching, Learning and Resources.

We acknowledge with humility and gratitude God's abundant blessings on our Institution and for His provision and resources that have led our Institution to be among the best in the country. We thank all the faculty and staff for their commitment and dedicated service. This blessing and accolade are all the more significant in this, the 125th year of CMC Vellore.

125 Years of CMC Vellore 1900-2025



**DID YOU
KNOW?**

August 1918:

- The Medical School was inaugurated by Lord Pentland, Governor of Madras.
- The Students' Association began with Dhanam Joshua as its first president.

World Breastfeeding Week Celebration 2025



World Breastfeeding Week 2025 was observed in the Departments of Neonatology and Obstetrics and Gynaecology, from 1st to 7th August 2025, with the theme “Prioritise Breastfeeding: Create Sustainable Support Systems.” The inaugural programme was held on 1st August 2025 at 3:30 pm. Dr. Christy Simpson, former Head of Department of Maternity Nursing, CMC Vellore, delivered the Chief Guest’s address. Her speech emphasised the importance of breastfeeding, the benefits of colostrum for newborns, appropriate maternal nutrition during pregnancy and lactation, and the significance of establishing human breast milk banks. She also highlighted the vital role of family and community support systems for lactating mothers.

During the programme, Mrs. Rubeena Tabassum, a lactating mother, shared her personal breastfeeding experience, encouraging and motivating other postnatal mothers. Nursing students presented a skit and songs to creatively convey the importance of breastfeeding to the attending mothers.

From 2nd to 7th August, awareness programmes were conducted in the postnatal wards. These included skits, songs, and poster displays in the wards and corridors, focusing on various aspects of breastfeeding. In addition, creative competitions such as story writing, drawing, slogan writing, quizzes, crossword puzzles, and sharing personal breastfeeding experiences were organised for postnatal and antenatal mothers admitted in the wards. The mothers participated enthusiastically, showcasing their talents.

Activities for staff and students included quizzes, cooking contests, vegetable carving, and poem writing. Students had additional competitions such as cartoon drawing, poster making, model presentations, and singing. Videos and resources on breastfeeding were displayed on the intranet page throughout the week.



An in-service education session for staff nurses was conducted on the week’s theme. As part of outreach, awareness programmes were held in CHAD for mothers attending OPD, IP, and the Immunization Clinic. An educational programme for staff nurses at CHAD was also conducted. The team participated in World Breastfeeding Week activities organised at Scudder Memorial Hospital, Ranipet. The celebration combined education, creativity, and community engagement to reinforce the vital role of breastfeeding and the support systems needed to sustain it.

Social Worker's Workshop



The 2nd Social Workers Workshop was held on Saturday, 6th September 2025, at the Kuttumbiah hall, CMC Vellore Town Campus. 46 enthusiastic participants gained valuable insights during the engaging two-hour workshop. The sessions began with a word of prayer by **Ms. Reena Emimal S**, Paediatric Oncology.

Ms. Shikha from the Development Office welcomed the group and gave an introduction about the previous meeting's insights. She emphasised CMC's Mission and its special concern for the disabled, disadvantaged, marginalised and vulnerable.

Ms. Sumitha from the Development Office shared about the In-Patient (IP) Campaign, explained the process of the IP campaign, and gave an overall view of the 4-year data and survey conducted. She concluded appreciating the generosity of our patients – in the last 4 years, our patients have donated ₹85 lakh to support 400+ general ward patients! Everyone at CMC can be a fundraiser to support our poor patients. Person-To-Person (PTP) pamphlets were given to all participants, and they understood the different ways that one can donate to CMC (<https://givecmc.org/donate/> or Bank Transfer or Salary Deduction).

The next session was led by **Ms. Shoba Hannah Samuel & Mr. Tony T Reji** from MICU. Since many were not aware of the role of a social worker in the ICU, this session was informative. They explained the processes of counselling and factors that affect patients, and more so, their families when a loved one is critically ill in the ICU. They shared personal experience about 'compassion fatigue' and steps that can be taken by healthcare workers for self-care.

The final session on Proposal and Grant writing was led by an external resource person, Mr. Ruby Nakka, Director of The Hope House, Vellore. He explained the difference between Donations (which are gifts) and Grants (which are contracts). As a proud AHS alumnus of CMC, he shared personal experiences of leaving his job in the USA and returning to Vellore to work for children.

He talked about Corporate Social Responsibility (CSR) and the key components of a grant proposal – executive summary, problem statement, objectives, project description, outcomes and impact, monitoring and evaluation, budget, sustainability, etc. He also shared common mistakes which can be avoided and tips for grant writing. He encouraged everyone to write up an appeal for their area of work or passion.

In closing, **Dr. Selvamani**, Associate Director (Finance) encouraged our social workers to engage with patients and their families. She encouraged them to approach willing patients and to reach out to funding agencies to support their patients or their areas of work. She also thanked our presenters for sharing their experiences and handed over small mementos to the speakers.

Ms. Shikha thanked the participants and Ms. Reena Kingsley for making the logistical arrangements. The next social workers meet is planned for February 2026.

Special Prayers : September 14 - 20, 2025

Orthopaedics : Dr. Pradeep Mathew Poonnoose and Staff

Dr. Dan Barnabas Inja and Staff

Dr. Thomas Matthai and Staff

Dr. Viju Daniel Varghese and Staff

Mrs. Lilly Prasad and Staff

Paediatric Orthopaedics : Dr. Thomas Palocaren and Staff

Mrs. Lilly Prasad and Staff

Spine Surgery : Dr. Kenny Samuel David and Staff

Mrs. Lilly Prasad and Staff

Hand Surgery : Dr. Anil Mathew and Staff

Dr. Asha Solomon and Staff

Malankara Jacobite Syrian Orthodox Church

Council Members : H.G. Thomas Themotheos Metropolitan and Er. John Paul K.

Hospitals: MBMM Mission Hospital, Kothamangalam & St. Mary's Hospital,

Manarcadu Mandiram Hospital, Manganam and others.



Laurels & Recognitions

The following participants received awards at the ESICON 2025, the Annual Conference of the Endocrine Society of India (ESI) held at Kolkata between 4th & 7th September 2025.

- **Dr. Remya Rajan R**, Associate Professor, has been awarded the Annual IJEM Awards - Best Review Article Award 2025 for Excellence in Endocrine Writing.
- **Dr. Mohammed Anwar Hussain**, Assistant Professor, has been awarded First prize for the Poster Presentation (Basic Science).
- **Dr. Khushboo Agarwal**, Assistant Professor, has been awarded 2nd Runner Up Award for the Yuvocrinology.
- **Dr. Padmavathi T.G.**, Assistant Professor, has been awarded the Third prize for the AV Gandhi Award (DM category).
- **Dr. Varun Kumar**, Senior PG registrar, has been awarded the First prize for the Poster Presentation (Diabetes).
- **Dr. Sherin K Varghese**, Senior PG registrar, has been awarded the First prize for the Paper Presentation (Pituitary).
- **Dr. Lavanya Ravichandran**, Senior Research Associate has been awarded the Second prize for the AV Gandhi Award (PhD category).

Dr. Nividha Sharma, Final year Sr. Registrar, Department of Nephrology has been awarded 1st prize in oral Paper presentation - Topic: "Fibrin sheath stripping in tunneled dialysis catheters: Is it worth trying?" FIST Study at the AVATAR 2025 held on 22nd - 24th August, 2025 at New Delhi.

Dr. Hamsavardhini V and **Dr. Aaswin D**, 1st year postgraduates MD Medicine from the department of Medicine, won the 4th prize in the All India Hepatology Quiz at the 33rd Annual Conference of the Indian National Association for Study of the Liver (INASL) which was held at Chandigarh from 7th-10th August, 2025.

Dr. Lesley Ponraj, Senior Resident in the Department of Neurological Sciences, was awarded the first prize in oral presentation for the paper titled 'Neurological Immune Checkpoint Inhibitors related Adverse events - A Single-Centre experience with management and outcomes' at **the ICTRIMS 2025 - Annual Meeting of Autoimmune Subsection of Indian Academy of Neurology** held at NIMHANS Convention Centre, Bengaluru.

Obituaries

- **Mr. A. William**, father of Dr. Sheela Durai, Professor and Head of Medical and Surgical Nursing and father-in-law of Mr. Durai Jasper, Public Relations Officer, Directorate & Deputy General Superintendent, passed away on 7th September, 2025, at Chennai. Let us uphold his wife, Mrs. Manonmani Williams, children, grandchildren and all the bereaved members of the family in our prayers.
- **Mrs. M. Deboral**, mother of Mr. Gopinath, Jr. Artisan, Mechanical Engineering, CMC Vellore, Ranipet Campus, passed away on 8th September, 2025. Let us uphold all the bereaved members of the family in our prayers.
- **Mr. Jeevarathnam**, retired Senior Supervisor, Medical Records, father of Mr. Selvin Moses Thilak, Sr. Radiographer, CMC Vellore, passed away on 9th September, 2025. Let us uphold his son Mr. Selvin and all the bereaved family members in our prayers.
- **Mrs. Jayanthi M. Rao**, mother of Dr. Vinay M. Rao, Associate Professor, Department of CTVS, and mother-in-law of Dr. Shoma V. Rao, Professor and Head, SICU, passed away on 9th September, 2025. Let us uphold all the bereaved members of the family in our prayers.
- **Dr. Molly Elizabeth Mathew** (nee Abraham) (MBBS batch of 1966), passed away on 10th September 2025. Dr. Molly Mathew was born on 6th July 1948. She joined the MBBS programme at CMC in 1966. She was married to (late) Dr. Ranjit Mathew Oommen (MBBS batch of 1965). Drs. Molly and Ranjit spent their better part of their careers working in Sabah, introduced Palliative Care and established the first Palliative Care hospital in the region. Dr. Molly was an Ophthalmologist. Drs. Molly and Ranjit were awarded Dato and Datin for their stellar work in Malaysia. Her sister, Dr. Susy Kurian (former Head, Department of General Pathology), belongs to the MBBS batch of 1968. Our thoughts and prayers are with the bereaved members of the family at this time.

Upcoming Event

WORLD PHARMACISTS DAY

25TH SEPTEMBER 2025

Think Health, Think Pharmacist

Words come to mind
when you think about
pharmacists!

Trust

Helpful

Convenient

Drug
Reviews

Drug
Knowledge

Access

Side
Effects

Dose



DEPT. OF PHARMACY SERVICES
CHRISTIAN MEDICAL COLLEGE, VELLORE





WORLD PHARMACIST DAY – 25th SEPTEMBER

THEME: *Think Health, Think Pharmacist*

Organized By: Dept. of Pharmacy, CMC, Vellore - 4

CMC Pharmacists and Trainees
Working in all campuses are invited

Last Date for Registration:
16.09.2025, Tuesday till 9.00 pm



1. Pharmacy Flashcards Contest: Only individual participation is allowed.

Date and Time: 18/09/2025, Thursday at 9.30 am. Venue: Pharmacy Classroom

2. Pharmacy Dumb Charades Competition:

Two persons per team; both participants need to register

Date and Time: 19/09/2025, Friday at 9.30 a.m. Venue: Pharmacy Classroom

3. Pharmacists' Skills Contest: Only individual participation is allowed

Date and Time: 22/09/2025, Monday at 9.30 a.m. Venue: Pharmacy Classroom

4. Pharmacy Quiz Contest: Three persons per team; all three participants need to register for Pre-final and Final Rounds of Quiz contest.

Date and Time: 23/09/2025, Tuesday at 09.00 a.m. onwards.

Venue: Jacob Chandy Hall, Paul Brand Building, CMC Vellore Town Campus.

Register your name using URL-link
[or] QR Code

https://docs.google.com/forms/d/1v_vj8saE8mNKY2kbtMOV0GOJhHL_saFTyIn6Q-jMRs1g/edit#responses



QR Code:

For Queries, please contact:

Phone: 228 2567, 228 6584

E-mail: pharmacy@cmcvellore.ac.in;
pharmtech@cmcvellore.ac.in

.Dr.AD/2025

Situations Vacant

Click the following link to view the vacancies

<https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Vacancies under the Principal's Office - for queries, contact the mentioned office

1. Project Scientist III (Non – Medical) for the Department of Reproductive Medicine & Surgery

Job Code : 1620

Qualification : Doctoral Degree in Science or master's degree in engineering or technology from a recognised University or equivalent.

Experience : 7 years' experience in clinical research / trials / systematic reviews in academic institutions or science and technology organisations and scientific activities and services.

External Salary : Consolidated Rs.78,000/- Per Month + HRA as admissible.

Age Limit : 45 Years. **Job Description :** Should be able to perform the systematic review, work with other collaborative teams to develop guidelines.

Job Preference : Those with experience and knowledge of Systematic reviews / guideline development, working knowledge with R Software / RevMan.

Nature of Job : Help in running the activities under the technical resource hub, including conducting systematic reviews, guideline development as well as help in running workshops and coordinate with other technical resource centers.

Mode of Appointment : Project Mode.

Accommodation : Not Provided.

Applications to be done only through an online application system.

Please log on to <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>.

Hard Copies and Emails will not be accepted. Applications will close by September 27, 2025.

2. Content Creator – Blended Learning for Healthcare

Job Code : 1621

Biomedical Informatics Unit of CMC is seeking creative and skilled **Content Creators** to support the design and production of blended learning short courses on AI for healthcare workers. The role involves developing high-quality reading materials, visual content, and evaluation tools for use on digital learning platforms.

Qualifications :

- Bachelor's or Master's degree in **Communications** [Mass Communication, Visual Communication], or related fields, English, or M.Sc. Life Sciences or Allied Health Courses with experience / certification.
- Additional certification or demonstrable skills in audio / video editing tools and visual media content creation is mandatory.

Experience :

- Minimum of **2 years' experience** in developing content for websites, web-based training, or elearning programmes.
- Familiarity with **Learning Management Systems (LMS)** and Artificial Intelligence concepts will be an added advantage.
- Prior experience in creating **healthcare-related content** for blended learning platforms will be given special consideration.

Skills required :

1. Must be fluent English speaker and be able to demonstrate writing skills.
2. Should be a strong team player, while also capable of working independently.
3. Ability to translate complex information into clear, engaging, and accessible content.

Consolidated Salary : As per institutional rules with weightage for skills, experience, and competency.

Mode of Appointment : Project Mode. **Accommodation :** Not Provided.

Applications to be done only through an online application system.

Please log on to <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>.

Hard Copies and Emails will not be accepted. Applications will close by September 27, 2025.

Vacancies under the office of Medical Superintendent-for queries contact the mentioned office

3. Staff III Optometrist for the CMC Vellore, Chittoor Clinical Unit

Qualifications : H.Sc. with Diploma in Optometry (Preferably in CMC) or B.Sc. Optometry from the recognised university and those who have completed 4 years of experience as Jr. Optometrist (Term Appointment) or equivalent only need to apply.

Only Male candidate need to apply.

Age Limit : 35 years.

Salary : Rs.12762-510-25512/- + DA & HRA as per rules.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted.

Applications are to be done only through the online application system.

Please log on to <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Note : Only online applications will be accepted. Hard copies will not be accepted.

Applications will close on September 22, 2025.

Others

4. Applications are invited for the following posts in **Aadhyavikas Kids Corner** in **Kagithapattarai, CMC Campus**

Teacher (Trainee) . Qualification : +2 / Degree with TTC / Montessori / B.Ed.

Applications are invited from female candidates who are fluent in English, with prior teaching experience.

Age : Below 30 years.

Interested candidates may send their CV / application with photocopies of certificates by email to the email ID mentioned below or submit hard copies of their applications at the Security Gate in the Kagithapattarai CMC Campus on or before **19th September, 2025.**

Phone : 0416 - 228 7254 Email : aadhyavikascp@gmail.com