



Christian Medical College Vellore

Newsline

December 01, 2025



Being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus. Philippians 1:6

Dr. Pamela Christudoss Retires



Dr. Pamela Christudoss, Professor and Head, Department of Clinical Biochemistry, retired on 30th October, 2025 after 35 years of devoted and exemplary service at CMC Vellore. Dr. Pamela joined the Department of Clinical Biochemistry in October 1990 after completing her postgraduate studies in Biochemistry from Wilson College, Bombay University.

Over the decades, her work spanned the spectrum of clinical biochemistry—routine chemistry assays, immunoassays, serum protein electrophoresis, ICP-MS, ELISA, Atomic Absorption for trace metals and special manual procedures. Since 1994, she has been the backbone of myeloma workup, contributing significantly through specialised biochemical investigations.

With 32 years of dedicated teaching across MD and DM programmes, Fellowship courses and B.Sc. MLT training, she delivered lectures that were engaging, inspiring and memorable. As a mentor and counsellor, she guided numerous students. Her research on “Trace metal zinc in carcinoma” resulted in the award of a PhD degree in January 2010. She has published around 30 scientific papers in National and International journals. She served as co-investigator and collaborator on several MD and interdepartmental research projects in association with national bodies. She has also delivered around 30 scientific sessions at State, National and International conferences, including invited presentations in Australia, China and Srilanka. She has undertaken many university assignments.

Her career reflects a steady ascent culminating in the position of Professor and Head of the Department in December 2018 - a role held with grace, wisdom and steadfast commitment to excellence for seven years. During this tenure, she played a pivotal role in developing and validating new methods, troubleshooting assays, strengthening and monitoring QC protocols, introducing rigorous internal audits and ensuring alignment with ISO 15189 standards.

She personally oversaw the functioning of one of the busiest hospital laboratories, handling nearly 7,500 samples daily and producing almost 28,000 results across 210 parameters. As Quality Manager since 2017, she has been instrumental in sustaining NABL standards and elevating the quality of laboratory practices. She has witnessed remarkable advances in clinical biochemistry, culminating in the installation of the Preanalytical – Analytical automated track system (CCM) in January 2019. Bringing this state-of-the-art technology into one of India's largest teaching hospitals was both a privilege and a challenge, as she tailored the system to CMC's unique needs personally guiding the workflows from pre-analytical to post-analytical phases, a tremendous achievement.

As coordinator and Quality Manager of India's first NABL-accredited medical Proficiency Testing (EQAS - External Quality assessment scheme) Outreach Programme, she expanded its reach to 16,000 clinical laboratories with 12 programmes across India and neighbouring countries. She organised nine QC workshops for Tamil Nadu laboratory professionals at CMC and was invited as a resource person for nearly 25 workshops and CME sessions nationwide, training around 4000 laboratory personnel in 'Quality Control Principles and GCLP ' thereby strengthening laboratory services across India. In this achievement, she contributed to improve the performance, accuracy and credibility of many diagnostic centres to safer and more reliable patient care across the nation. She has facilitated the CMC EQAS program in all the 2127 PHCs in Tamil Nadu, thus enabling 1,622 PHC laboratories in Tamil Nadu to obtain NABL certification under the MELT (Medical entry level testing) programme in 2024, an extraordinary contribution to public health and national laboratory standards. It was a responsibility she embraced with passion, grace and unmatched competence.

She received prestigious international opportunities through CMC, including the Modale Faculty Research Fellowship, Kansas (2010), Senior Training Fellowship at UK NEQAS, Birmingham (2018), and Advanced Christian leadership training at Haggai Institute, Maui (2014). She also served on several Institutional committees, more recently on the Administrative Committee, contributing in small ways to the broader mission of CMC.

At the national level, she has served on influential bodies such as the NABL advisory group, Expert member for NABL 181 revision, Sectional Committee for In-vitro Diagnostic Devices Bureau of Indian Standards, the Interim Commission for Allied Health Professionals (ICAHP) and the Task Force Committee of the Ministry of Health and Family Welfare for developing curricula in Medical Laboratory and Life Sciences. Her contributions have shaped policies, educational frameworks and quality standards across India.

During the COVID-19 pandemic, she spearheaded the setting up of the diagnostic laboratory at the CMC Ranipet campus, providing critical support at a crucial time. She led the design and setup of the new laboratory at Ranipet campus (2021–2022), a herculean task, making it the first functioning laboratory in the new campus by July 2022. She organised the South Zone ACBI Conference to celebrate the Golden Jubilee of the department in January 2023, a proud landmark event. Her remarkable ability to plan and strategize well ahead of time reflects her leadership excellence.

Her influence extends not only in protocols and publications, but in people, quality practices, and the culture of the laboratory. Leading with humility, teaching with passion and serving with excellence, she has always invested deeply in nurturing the next generation of clinical biochemists. Warm relationships with colleagues, unique willingness to extend help beyond duty, and the ability to inspire trust have all left a deep and lasting imprint on the department and the wider community of laboratory medicine in India. Dr. Pamela's journey is also a family story of service at CMC. Her husband Dr. Christudoss, a PhD alumnus of Neurochemistry Dept, CMC, and retired Principal of Voorhees College, contributed significantly to the Training Department at CMC and has been a constant pillar of strength throughout her distinguished career.

They are blessed with two sons, Her eldest son Dr. Andrew Christudoss (Batch 2009), MS Orthopaedics (2017–2020), and his wife Dr. Karuna Joseph, MS Obstetrics & Gynaecology (2018–2020) and their daughter Alyssa are now serving in the UK. Her second son Dr Joshua Christudoss (Batch 2012), MD Paediatrics (2020–2023), and his wife Dr. Vishakha Isaac (Batch 2016), all part of the extended CMC family, reflect a deep and enduring family connection. Beyond her professional commitments, Dr. Pamela was a devoted daughter, wife, mother and grandmother—roles she fulfilled with grace, love and dedication.

As Dr. Pamela steps into a new chapter, the Clinical Biochemistry and CMC family express profound gratitude for her extraordinary service and her leadership to the Clinical Biochemistry department and for the years devoted to uplifting laboratory professionals across India.

Though she retires from her formal role, her vision, commitment to excellence, and uncompromising dedication to quality remain firmly embedded in the work that continues and will inspire future generations. We wish her continued peace, fulfilment and joy in the years ahead.

FOSTaC Training for Food Safety Excellence

On 14th November 2025, the Food & Beverages Section, GS Office, initiated FOSTaC (Food Safety Training and Certification) for the food service staff at the CMC Vellore, Ranipet Campus.

The session was graced by the presence of Mr. Prabhakar, Designated Officer, FSSAI – Vellore District, and Mr. Rajesh, Food Safety Officer (FSO), who addressed the team and emphasised the importance of adhering to national food safety standards as mandated by FSSAI for all Food & Beverages vendor staff. This training reinforces our shared commitment to ensuring safe, hygienic, and high-quality food service across all CMC campuses.



The Week Hansa Research Awards-2025

Christian Medical College Vellore has once again been recognised among India’s finest healthcare institutions in THE WEEK – Hansa Research Survey. CMC Vellore has been ranked the #2 Best Multispeciality Hospital in India, while also securing the #1 position among Private Multispeciality Hospitals nationwide. Regionally, it has emerged as the #1 Multispeciality Hospital in South India as well as the #1 Private Multispeciality Hospital in the South. The institution also recorded strong department-wise performance, with top South India rankings in Paediatrics, Pulmonology and Infertility (all ranked #1), alongside high national and regional ranks in Cardiology, Diabetes Care, Gastroenterology, Orthopaedics, Neurology, Oncology and Ophthalmology, reaffirming CMC Vellore’s leadership across a wide range of clinical specialities.





Christian Medical College Vellore

#2 Best Multispeciality Hospital - ALL INDIA
#1 Best Multispeciality Hospital - Private
#1 Best Multispeciality Hospital - South
#1 Best Multispeciality Hospital - South - Private


BEST MULTISPECIALITY HOSPITALS ALL INDIA


RANK	HOSPITAL	CITY
1	All India Institute of Medical Sciences	Delhi
2	Christian Medical College	Vellore
3	Postgraduate Institute of Medical Education and Research	Chandigarh

RANK	HOSPITAL	CITY
1	Christian Medical College	Vellore
2	Apollo Hospitals	Chennai
3	Moolantra - The Medicity	Gurgaon
4	Indraprastha Apollo Hospitals	Delhi
5	Kokilaben Dhirubhai Ambani Hospital & Medical Research Institute	Mumbai
6	Sir Ganga Ram Hospital	Delhi

RANK	HOSPITAL	CITY
1	Christian Medical College	Vellore
2	Apollo Hospitals	Chennai
3	Apollo Health City	Hyderabad
4	Jawaharlal Institute of Postgraduate Medical Education and Research	Puducherry
5	Manipal Hospitals, HAL, Airport Road	Bangalore
6	Amrita Institute of Medical Sciences (Amrita Hospitals)	Kochi

RANK	HOSPITAL	CITY
1	Christian Medical College	Vellore
2	Apollo Hospitals	Chennai
3	Apollo Health City	Hyderabad
4	Manipal Hospitals, HAL, Airport Road	Bangalore
5	Amrita Institute of Medical Sciences (Amrita Hospitals)	Kochi
6	Aster Medcity	Kochi





Christian Medical College Vellore

#2 Best Multispeciality Hospital - ALL INDIA
#1 Best Multispeciality Hospital - Private
#1 Best Multispeciality Hospital - South
#1 Best Multispeciality Hospital - South - Private

CMC Vellore depts ranked by THE WEEK:

Specialisation	Ranking	
	All India	South
Cardiology	6	3
Ophthalmology	15	9
Diabetes Care	3	2
Paediatrics	3	1
Gastroenterology	4	2
Orthopaedics	3	2
Neurology	5	3
Oncology	8	5
Pulmonology	3	1
Infertility	3	1



The project presentation on “CMC-SDMS” has been recognised as the winner under the category “Administrative/Organisational Excellence” at CAHOTECH 2025, held on 15th and 16th November in KIIT, Bhubaneswar.

The project was presented by Mr. B. Rabindranath (QMC) and Mr. S. Suresh (CHIPS) during the final round on 15th November, 2025.

“CMC-SDMS” is an in-house online portal developed to manage all statutory documents of the institution, including licenses, MoUs, agreements, land documents, and building approvals. This project was initiated in 2020 by Dr. Vikram Mathews, Director, during his term as Associate Director (Admin). The project was coordinated by the Quality Management Cell, and the programme was developed in-house by our CHIPS team. As of June 2025, the software efficiently manages 1321 Licenses, 169 Agreements, 112 MoUs, Bank Guarantees, land documents, building approvals and legal cases. Because of its strong features, additional document categories such as tax and electricity bills have recently been integrated into the platform, further expanding its scope.

The software features an alert system that notifies departments about upcoming renewals, based on the alert period they have configured. This mechanism enables the timely renewal of critical documents, thereby eliminating the risk of oversight in document renewals and ensuring that all necessary updates are carried out on time. The software is equipped with archival capabilities, allowing users to access historical entries such as expired, deleted, decommissioned, and discontinued documents.

The collaborative efforts of our stakeholders, the CHIPS team, and QMC have been recognised with a prestigious award.

CMC Vellore – Ranipet Campus Wins SEEM National Energy Management Award 2024 (Platinum)



CMC Vellore – Ranipet Campus Awarded SEEM National Energy Management Award 2024 (Platinum)

Christian Medical College, Vellore – Ranipet Campus has been honoured with the SEEM National Energy Management Award 2024 – Platinum Award for Hospitals, one of the highest national recognitions in the field of energy efficiency and sustainable operations.

The SEEM Awards, presented by the Society of Energy Engineers and Managers (SEEM), celebrate excellence in energy conservation, innovative engineering practices, and responsible environmental stewardship across India. Winning the Platinum Award signifies that our campus stands among the top-performing healthcare institutions in the country in energy management, sustainability, and engineering excellence.

This achievement reflects our dedication to building a future-ready, energy-smart healthcare campus, aligned with CMC's mission of compassionate service and responsible resource utilization. Over the past year, the Ranipet campus has successfully implemented:

- Advanced ACMV optimisation through VFDs, thermal energy storage, and smart controls
- Real-time energy analytics and intelligent monitoring
- Renewable and hybrid energy initiatives to reduce carbon footprint
- Water-energy conservation models across all facility blocks
- Strong staff engagement to promote an energy-conscious culture

These initiatives have led to measurable reductions in energy consumption, operational efficiency, and enhanced environmental performance—all while ensuring world-class patient care.

This prestigious honor is a testament to the Engineering Department, Ranipet Campus, General Services, and every staff member who has contributed to creating a sustainable healthcare environment.

Together, we continue to build a greener, smarter, and more compassionate healthcare future.

Paediatric ENT Unit Celebrates Children's Day with Joy and Compassion

The Paediatric ENT unit organised a fun-filled children's day programme on 15th November in the community hall centre. Dr. Naina Picardo, the unit head, welcomed Dr. Selvamani as the chief guest, along with Ms. Shruti and Mr. Pari from Life Insurance Corporation of India, who were instrumental in sponsoring cochlear implants for 15 underprivileged children. There was an entertaining magic show thoroughly enjoyed by the children, followed by performances by children with cochlear implants and tracheostomies. The event concluded with a special song by the doctors, a prayer and gifts for the children.



World Diabetes Day 2025



In commemoration of World Diabetes Day 2025, the Department of Endocrinology, Diabetes & Metabolism at Christian Medical College Vellore, organised an awareness exhibition and poster competition on 14th November 2025, centred around the theme “Diabetes across life stages”(WHO theme for 2025). The theme recognises that every person living with diabetes should have access to integrated care, supportive environments and policies that promote health, dignity and self-management.

The event aimed to create awareness among the general public about diabetes prevention, early diagnosis, and holistic management, with special emphasis on well-being and lifestyle modification. Through interactive and educational activities, the programme highlighted the importance of equitable access to diabetes education, screening, and care — empowering individuals to live healthier and more informed lives.

Departments including Cardiology, Ophthalmology, Nephrology, Physiotherapy, Prosthetics & Orthotics, Dietetics, and Community Health Nursing, along with the Department of Endocrinology, Diabetes & Metabolism, jointly hosted informative stalls. Each stall focused on specific aspects of diabetes, its complications, preventive strategies, and self-care measures, encouraging visitors to take an active role in diabetes management. To encourage the active participation of various departments **Best Stall Award** was given to the Department of Cardiology and Community Health Nursing, CMC Vellore. As part of the screening initiative, blood glucose testing was conducted for more than 417 participants, who also benefited from foot and eye examinations. Awareness sessions were creatively delivered through puppet shows, posters, and interactive games, making learning both engaging and impactful. A lucky draw was conducted for the registered participants, and glucometers were presented to the winners to promote self-monitoring and personal empowerment in diabetes care.



The programme commenced with a prayer led by Rev. Deepak Gnanaprakash, Senior Chaplain. Dr. Mark Ranjan, Associate Director, served as the Chief Guest and inaugurated the event. This was followed by awareness talks in multiple languages in English by Dr. Pattani Ayushi Dineshkumar, Tamil by Dr. Sivan Arul Selvan, Telugu by Dr. Puppala Santosh, Hindi by Dr. Khushboo Agarwal, Kannada by Dr. Mohammed Anwar Hussain and Malayalam by Dr. Roshan Reji from the Department of Endocrinology, Diabetes & Metabolism, focusing on early recognition of diabetes and the significance of community participation in its prevention and control.

This year's observance reinforced the importance of interdepartmental collaboration to promote comprehensive diabetes care and prevention. The exhibition provided an excellent platform for healthcare professionals, patients, and the community to interact and share knowledge, emphasising that awareness and access are the first steps toward better diabetes outcomes.

The poster Competition was evaluated by a distinguished panel consisting of Dr. Jambukulam Mohan, Consultant, Medicine Unit I; Mrs. Santhi Gladson, Professor and Nurse Manager, Paediatric Nursing; and Dr. Merlyn R, Associate Professor, Department of Physical Medicine and Rehabilitation (PMR).

Winners of the Poster Competition:

Best Creativity Award: Mr. V. Isaac Samuel, Staff Nurse, Emergency Department, Town Campus

First Prize: Ms. J. Femina Jasmine, Staff Nurse, C201, Ranipet Campus

Second Prize: Ms. P. Sweatham, Emergency Department, Ranipet Campus

Third Prize: Ms. J. Sangeetha, Staff Nurse, A4 Ward, Town Campus

Consolation Prizes:

Ms. Evangeline Celcy R, Student, Master's in Hospital Management, Town Campus

Ms. P. Rajalakshmi, Staff Nurse, C201, Ranipet Campus

For more pictures, visit <https://www.cmcendovellore.org/world-diabetes-day-celebration-2025/>



The Department of Endocrinology, Diabetes & Metabolism commemorates World Osteoporosis Day 2025

In its campaign to raise awareness about osteoporosis through early screening, diagnosis and treatment, the Department of Endocrinology, Diabetes and Metabolism at Christian Medical College Vellore, conducted various activities in commemoration of World Osteoporosis Day 2025. Globally, this day, the 20th of October, serves to remind the public and healthcare professionals about the importance of timely identification of osteoporosis, appropriate treatment and fracture prevention.

The theme for the year 2025 was “The Overlooked Crisis in Osteoporosis Prevention and Care – It’s Unacceptable!” In solidarity with this theme, the Department of Endocrinology at CMC Vellore organised various competitions to promote awareness about osteoporosis.

Essay competitions on the topic “Osteoporosis – the silent thief of bones” were conducted in English and Tamil, with over 100 entries. About 105 staff participated in slogan writing competition on the topic “Move for your bones” to educate the public on appropriate exercises in promoting bone health and fall prevention measures. More than 40 posters were displayed, emphasising the overlooked crisis in osteoporosis care. In the valedictory function that concluded the osteoporosis awareness campaign, prizes were awarded to all the winners; the judges were commended for their efforts in evaluating the participants. The prize winners in different categories were as follows:

Winners of Poster competition: First Prize – Mr. Mubarak Ali (Neuro ICU); Second Prize – Ms. Sweatham (Emergency Department) and Ms. P. Keerthana (D401 Ward, Ranipet Campus); Third Prize – Ms. Laya Simon (A102, Ranipet Campus), Ms. I. Sangeetha (A4 Ward), and Ms. S. Vishali (PGDHA Student); and Best Creativity – Ms. Gayathri (E Ward).

Winners of English Essay Competition: First Prize – Ms. Keerthana (CTVS Department); Second Prize – Ms. Sona Vinod (D201, Ranipet Campus), Ms. Sindhuja (PBD in CTN), and Ms. R. Thenmozhi (Gynecology OPD); Third Prize – Ms. S. Sindhiya (Trauma OR), Ms. Merlin Nancy Deepa (B Ward), and Ms. Aafreen Banu (Q5 North).

Winners of Tamil Essay Competition: First Prize – Mr. Mubarak Ali (Neuro ICU); Second Prize – Ms. Arivukodi (Q3 Ward), Ms. Preethi P. (B00001 Ward), and Ms. Vanitha Natarajan (Q5 North); Third Prize – Ms. Tamil Sri (PGDHA, DHMS), Ms. S. Rani (RUHSA Lab), and Ms. B. Ananthi (B3 Ward).

Winners of Slogan Writing Competition: First Prize – Ms. Gerlyn Priya (HICC); Second Prize – Ms. Afrin Rachel Rajakumari (College of Nursing), Ms. Pooja (MICU, Ranipet Campus), and Ms. Romila (Paediatric ICU, Ranipet Campus); and Third Prize – Ms. Mallika Mondal (D404, Ranipet Campus), Ms. Mythili (PBBDCW), and Mr. Sundar Singh (Nuclear Medicine Department).

Dr. Pradeep Poonnoose, Senior Professor and Head, Department of Orthopaedics, Chief Guest on the occasion, endorsed the campaign and urged that more educational activities be carried out to enhance awareness amongst medical professionals about this “silent disease”.





2nd Annual CME in Haematology



The 2nd Annual CME in Haematology, organised by the Department of Haematology, Christian Medical College Vellore, focused on Myeloid Malignancies and was successfully conducted on 14th November 2025. The programme offered comprehensive updates on the diagnostic, therapeutic, and transplant-related aspects of Acute Myeloid Leukaemia (AML) and other myeloid disorders. Sessions were led by both national and international experts, bringing together global advancements and India-specific practice insights.

The event received an excellent response, with 34 alumni and 67 participants from 12 institutions, including 36 delegates from CMC. The CME featured didactic lectures, interactive panel discussions, and sessions on training and career pathways in Haematology. Internal faculty, along with invited national and international speakers, shared scientific developments and practical experience.

The scientific programme highlighted recent progress in AML, MDS, MPN, and CML, covering molecular diagnostics, targeted therapy, MRD monitoring, peri-transplant management, and real-world clinical decision-making. Participants also benefited from case-based discussions, Q&A interactions, and opportunities to network with mentors and peers. The Tamil Nadu Dr. M.G.R. Medical University accredited the program with 10 credit points.

Further details of the CME are available at alumni.cmchaematology.org



Department of Spine Surgery conducted the 4th CMC Vellore Spine CME & Prof GD Sundararaj Oration

The Department of Spine Surgery successfully conducted the 4th CMC Vellore Spine CME & Prof GD Sundararaj Oration on 15th November, 2025. This year the Oration was delivered by Dr.Saumyajit Basu, a nationally renowned spine surgeon from Kolkata. The title of the Oration was “ Transition from Orthopaedic to Spine Practice- The real story”. The Oration citation was read by Dr. Kenny S. David , HOD Dept of Spine Surgery. The Oration was attended by late Professor Sundararaj’s family, invited guests, staff and students. The Spine CME and workshop which followed was attended by over 130 delegates. The Prof GD Sundararaj Best paper prize (second prize) was won by Dr. Nikhil Tiwari , FNB Spine Fellow from CMC Vellore. The academic agenda for the day also included a hands-on spine saw bone workshop where delegates had the opportunity to learn the placement of various spinal implants and an interactive case based discussion session. The Oration and CME was well received by all who attended. We praise God for his provisions.



CME on Early Management of Trauma-I

The Department of Trauma Surgery and Department of Continuing Medical Education organised a CME on Early Management of Trauma-I on 22nd November, 2025. The programme was moderated by Dr. Donkumar Khongwar, Professor, Department of Trauma Surgery. The speakers, Dr. Viji Thamby S. Nalatha from the Department of Emergency Medicine, Dr. Riya Abraham and Dr Aparanjit Paul from the Department of Anaesthesia, Dr. George Kurian from Surgical ICU, and Dr. Anish Selin Nelson, Emergency Physician and Intensivist, Medway Hospitals, Chennai, discussed the assessment and management of a patient with trauma including airway, breathing, ventilation, and shock management.

The programme was attended by over 120 participants from 12 states and several departments in CMC. The CME Department thanks Dr. Srujan Sharma, Assoc. Professor and In-charge, Department of Trauma Surgery, Dr. Donkumar Khongwar, all the faculty, and the Telemedicine Department for making the CME possible.

Annual Sports Meet 2025, College of Nursing, Chittoor Campus



The Annual Sports Meet of the College of Nursing, CMC Vellore, Chittoor Campus was held on 15th November, 2025 in the Sports Ground, College of Nursing CMC Vellore Chittoor Campus. Mr. R Paul Chandra Kumar, Treasurer, CMC Vellore was the Chief Guest and Prof. Alice Sony, Nursing Superintendent, CMC Vellore and Mrs. Ranjini Paul were the Guests of honour.

The new sports ground was dedicated by Rev. Giftus Joshua, the Chaplain, CMC Vellore, Chittoor Campus and was inaugurated by the Chief Guest and other dignitaries. The programme started with a prayer song by students. Mrs. Nirmala Margaret P, Principal, College of Nursing, CMC Vellore, Chittoor campus welcomed the gathering and introduced the Chief Guest.

The sports meet started with the hoisting of the National Flag by the Chief Guest, College Flag by the Principal, and the Olympic Flag by the Nursing Superintendent. Students performed march-past after the inspection of the teams by the Chief guest. Ms. Amala Mary Thomas, SNA Sports Chairperson led the march past and each team was led by the captains. It was the highlight of the event, showcasing excellent coordination, discipline, and team spirit. Then, an athletic vote was taken by the House Captains led by the Sports Chairperson.



Thereafter, the Chief Guest, Mr. R Paul Chandra Kumar, lit the Olympic torch that was carried by students. The Chief Guest then declared the Annual Sports Meet open by releasing doves along with the dignitaries. Mr. R Paul Chandra Kumar addressed the students. He commended the remarkable vigour and energy displayed by the students and stressed the importance of being consistent rather than fast, upholding ethos and humility, and working towards a greater vision. Carrying this spirit onto the field, students from every house moved in harmony, painting the ground with the colours of their lively and graceful mass drill. The long-awaited finals for the 100-meter dash, relay race, tug-of-war, staff and staff children's sports were conducted after the drill.

The dignitaries graciously presented the medals and certificates, celebrating the triumphs of the winners of the sports events conducted over the past few weeks. The Individual championship was won by Ms. Ann Mariya Eldhose, I-year B.Sc. (N) student of Houghton House. The rolling shield for the March-Past was won by Nightingale House and the Overall Championship was bagged by Pitman House. With overwhelming joy, Ms. Amala Mary Thomas, SNA Sports Chairperson, presented the Annual Sports Report for 2024-2025, drawing attention to the outstanding achievements of our students at both the state and national levels.

Sports Day 2025 at the College of Nursing, CMC Vellore, Chittoor Campus, stood out as a memorable day filled with vibrant energy, where students displayed inspiring sportsman spirit.

Special Prayers : November 30 - December 06, 2025

Multilingual Carols

United Church Board for World Ministries

Council Member : Dr. Ajit G. Singh



Memoranda

- **Dr. Ashish Kumar Gupta**, Professor, is appointed as Head, Department of Plastic Surgery Unit-I with effect from 20th November 2025 until further notice.
- **Dr. Jonathan Victor**, Professor, is appointed as Acting Head, Plastic Surgery Unit-II with effect from 20th November 2025 until further notice.

Laurels & Recognitions

Dr. Barney Isaac T.J., Professor of Pulmonary Medicine, has been awarded the FCCP (Fellow of the American College of Chest Physicians).

Dr. Priyanka Medhi, Postdoctoral Fellow, Paediatric Respiratory Medicine, who won 1st prize in ICS National Talent Search - interactive case presentation at NAPCON, held at Jaipur.

Dr. Hariharan A, Final Year DM Resident in Pulmonary Medicine, secured 3rd Prize in the Indian Chest Society National Talent Search Interactive Case Presentation.

Dr. Nihal Thomas, Senior Prof, Department of Endocrinology, Diabetes & Metabolism, delivered the prestigious CAD-EASD Oration in recognition of outstanding contribution to the field of diabetes at the Silver Jubilee CAD Conference 2025, held in Mumbai on 15th November.

The Following postgraduate students won prizes at the 22nd Annual Conference of the Indian Academy of Geriatrics (IAG), held at Pune between 13th and 15th November, 2025.

- **Dr. Sara Elsa John**, Final year PG Registrar, Department of Geriatrics, has won the 1st prize in the Geriatrics Quiz.
- **Dr. John Issac Fenn**, Final year PG Registrar, Dept. of Geriatrics, has won the 1st prize and the BK Mathur award for his poster presentation.
- **Dr. Jerry Dominic John**, Final year PG Registrar, Dept. of Geriatrics, has won the best oral presentation for his platform presentation.

Mr. Yogeswaran K, Staff Grade II Graduate Medical Lab Technician, Cytopathology Technician, has been awarded the Sushil Malhotra prize in the 55th Annual Conference of the Indian Academy of Cytologists, CYTOCON 2025, held from 14th to 17th November, 2025, Organised by the Department of Pathology, JIPMER, Puducherry.

Ms. Geethanjali L, Junior Histopathology Technician, Cytopathology Technician, has been awarded the Dr. Bhaskar Reddy Prize in the 55th Annual Conference of the Indian Academy of Cytologists (CYTOCON 2025), held at JIPMER, Puducherry from 14th to 17th November, 2025.

Upcoming Event

The Department of Endocrinology, Diabetes and Metabolism, CMC Vellore is conducting a CME on Diabetes, Technology & Updates on 05th December, 2025 at the 250-Seater Hall, 7th Floor, Ranipet Campus, CMC Vellore. The program will start at 3:00 pm and extend until 6:00 pm.

Globally, the prevalence of Diabetes is very high and the public health burden of this condition is estimated to rise further. In recent times, there has been a push for novel and innovative approaches to tackle this age-old illness, and pioneering research has been conducted to forge a pathway towards better holistic care that is both timely and effective. There is a need for clinicians, health care practitioners and researchers across the board to update themselves and adapt to these newer technologies, utilising the full range of resources available to them to address Diabetes. In this regard, the Department of Endocrinology, Diabetes and Metabolism is conducting this CME on Diabetes, Technology & Updates in collaboration with the University of Melbourne, Australia and the Australian Centre for Accelerating Diabetes Innovations (ACADI).

- Participation is invited from Physicians/Surgeons/Specialists MBBS Students/Interns, Research Officers, Nursing Faculty, Charge Nurses, Staff Nurses and Others.
- Accredited with **5 CME Credit Points** by **TN Dr. M.G.R. Medical University, Chennai**
- **Registration is free** and the online registration link can be accessed at: <https://www.cmcendovellore.org/online-registration-for-cme-on-diabetes-technology-updates/>
- Online Registration for the event is **Mandatory and should be completed on / before 4th December 2025**. The number of slots for attendance is limited.

Poster Link: [poster-v2.pdf](#)

For further details, contact Dr. Karen @ 7094181881 Extn: 3437.

<u>Session Chairpersons</u>	
Dr. Sushil Mathew John , Professor of Community Medicine, Low Cost Effective Care Unit, CMC Vellore Dr. Felix Jebasingh , Professor, Department of Endocrinology, Diabetes & Metabolism, CMC Vellore	
03:00 pm-03:25 pm (20+5 minutes)	Obesity trends in Childhood Longitudinal Cohorts Dr. Beena Koshy Senior Professor, Department of Developmental Paediatrics, CMC Vellore
03:25 pm-03:50 pm (20+5 minutes)	Implementation research in Diabetes and Obesity within a Hospital setting Dr. Marlena Klaic Senior Research Fellow, ACADI, University of Melbourne
<u>Session Chairpersons</u>	
Dr. Sudha Jasmine , Professor and Head, Department of Medicine Unit-3, CMC Vellore Dr. Kripa Elizabeth Cherian , Professor, Department of Endocrinology, Diabetes & Metabolism, CMC Vellore	
03:50 pm-04:15 pm (20+5 minutes)	Diabetes Kidney Disease - An Update Dr. Vinoi David Professor and Head, Department of Nephrology Unit-1, CMC Vellore
04:15 pm-04:40 pm (20+5 minutes)	Type 5 Diabetes; how, what and what not? An Overview Dr. Nihal Thomas Senior Professor, Department of Endocrinology, Diabetes & Metabolism, CMC Vellore
04:40 pm-05:05 pm (20+5 minutes)	Learning from Continuous Glucose Monitoring Ms Mariam Hachem Clinical Trial Manager, Melbourne Medical School, University of Melbourne Mr Bernard Kelly-Edwards Cultural Advisor, Melbourne Medical School, University of Melbourne

Session Chairpersons

Dr. Viji Samuel Thomson, Senior Professor and Head, Department of Cardiology, CMC Vellore
Dr. Sarah Mathai, Senior Professor, Department of Paediatrics Unit-1, CMC Vellore
Dr. Suceena Alexander, Professor and Head, Department of Nephrology Unit-3, CMC Vellore

05:05 pm- 05:30 pm
(20+5 minutes)

Insulin Pumps and Type 1 Diabetes in Adolescents & Adults

Dr. Asha H. S.

Professor and Head, Department of Endocrinology, Diabetes & Metabolism,
CMC Vellore

05:30 pm-06:00 pm
(25+5 minutes)

Cardio-Kidney-Metabolic Syndrome

Prof. Elif Ekinci

Head, Department of Medicine, Melbourne Medical School
Director, ACADI, University of Melbourne

Obituaries

- **Dr. Sachidananda Das**, (MBBS batch of 1977), passed away on 25th November, 2025. Let us uphold his wife Mrs. Eunice Das, son Dr. Aaron Das (doing DM Hepatology, CMC Vellore), daughter-in-law Mrs. Prachi Das, daughter Mrs. Anna Das, son-in-law Dr. Joseph Noel, (Psychologist in Department of Psychiatry) and all the bereaved family members in our prayers.
- **Mr. James Kasinathan**, father of Mr. Jaswin J.K, Sr. Pharmacist and Mr. Jayakaran J.K, Medical Record Officer Gr.II in OP Services, passed away on 25th November, 2025. Let us uphold his wife Mrs. Rachel Sylvia, sons, daughter-in-law Mrs. Usha Jeswin, Charge Nurse-MICU, daughters Mrs. Janet Rita, Mrs. Jemin Soniya and all the bereaved members of the family in our prayers.
- **Mr. V. Arumugam**, retired staff, Selection Grade Asst. Engineer (Engineering Planning Department & General Superintendent's Office), passed away on 27th November, 2025. Let us uphold his wife, son, daughter, grandchildren and all the bereaved members of the family in our prayers.

Situations Vacant

Click the following link to view the vacancies

<https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Vacancies under the Principal's Office - for queries, contact the mentioned office

1. Senior Resident / Assistant Professor with MD (Anaesthesia) for the CMC Vellore, Chittoor Campus (Anaesthesia)

Experience: Should have at least one year of teaching experience as (Asst Professor) in any NMC-recognised teaching institution for applying Assistant Professor post.

Salary Scale: As per institutional rules.

Accommodation: Provided (Partly Furnished, Depending on availability).

Applications to be done only through an online application system.

Please log on to **<https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>**

Hard Copies and Emails will not be accepted. Applications will close by December 06, 2025.

2. Senior Resident with MD (Psychiatry) for the Department of Psychiatry, Unit-II

Salary: As per institutional rules. **Accommodation Provided:** Partly Furnished, depending on availability. Applications to be done only through an online application system.

Please log on to **<https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>**

Hard Copies and Emails will not be accepted. Applications will close by December 06, 2025.

Vacancies under the office of Medical Superintendent-for queries contact the mentioned office

3. Asst. Social Worker (Term Appointment) for the Medical Critical Care

Preference will be given to those who have Hospital Experience; Critical Care or Acute Care experience is desirable.

Qualifications : Master of Social Work.

Note: *Only Regular mode will be accepted, Private or correspondence will be not accepted.*

Consolidated Pay: Rs.28,400/-

Age Limit: Below 30 years.

Applications to be done only through the online application system.

Please log on to <https://clin.cmcvellore.ac.in/cmcaff/listapplication.aspx>

Note : *Only online applications will be accepted. Hard copies will not be accepted.*

Applications will close on December 15, 2025.

Vacancies under the office of General Superintendent-for queries contact the mentioned office

4. Missions Communication Officer - Project for the Department of Missions

Qualification : Any Post Graduate.

Salary : As per institutional norms.

Age Limit : 35 years and below.

Note : *Qualification "Full time formal courses from recognized college / university only. Applications should be made online. Applications through other job portals will not be considered.*

Please log on to <https://clin.cmcvellore.ac.in/cmcaff/listapplication.aspx>

Apply on or before **December 03, 2025.**